

ASOCIACIÓN ENTRE EL TRASTORNO DEPRESIVO Y LOS PACIENTES CON DIABETES MELLITUS TIPO 2 (DM2).

REVISIÓN SISTEMÁTICA.

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Abstract:

Resume: *Patients with chronic diseases are considered to be more likely to enter in depressives episodes than a healthier patient. Diabetes patients experience various changes in their habits, from diet, exercise and sports, blood glucose control and self-control (psychological and behavioral management of the patient). Likewise, the control of hypoglycemia as a result of inadequate control, which can be reflected in complications that significantly affect the quality of life and health of the patient.*



Methods: *There were systematic studies through 22 articles, that were filtered into 3 stages, having into account the information required for the association of a chronic illness such as DM2 and the depressive disorder.*

Keywords: *depresión, diabetes, DM2, trastorno, crónica, análisis, control, emociones, salud.*

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