

CAUSAS Y CONSECUENCIAS DEL EMBARAZO ADOLESCENTE: UNA REVISIÓN ACTUALIZADA

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RESUMEN

Antecedentes: El embarazo adolescente es un problema biológico, psicológico y social que afecta a las familias y a la sociedad. También los riesgos y consecuencias negativas para la salud física del embarazo son bien conocidos, pero no operan de forma aislada, sino que están vinculados a factores psicosociales, económicos, políticos, estructurales y de género. Esta situación no puede considerarse un problema biológico, porque también es un problema social con muchas aristas y áreas de influencia negativas.

Objetivos: Indagar las causas y consecuencias del embarazo en adolescente en la actualidad.

Materiales y Métodos: Se realizó una búsqueda bibliográfica de los términos “embarazo adolescente” asociados a “problemas sociales”, “Causas”, AND “Consecuencias. La presente investigación corresponde a una revisión bibliográfica, que abordó las causas y consecuencias del embarazo en la adolescente, reportadas en la literatura en los últimos los últimos 10 años. La búsqueda de información científica ha sido desarrollada a partir de diferentes bases de datos de datos numéricos como: Scielo, Pubmed, Scopus, Redalyc, páginas web institucionales asociadas al campo de la salud. En las estrategias de búsqueda se utilizaron operadores booleanos: "embarazos Y adolescentes". Usando los términos "causas del embarazo" a "consecuencias del embarazo adolescente".

Resultados: Se encontró que la baja escolaridad, pertenecer a una familia disfuncional, vivir en zonas rurales o marginales y los problemas de percepción de riesgo son factores condicionantes para el embarazo adolescente.

Conclusión: La importancia de la familia en la atención integral en salud de los adolescentes radica en la identificación oportuna de riesgos como la desarmonía familiar, la desestructuración familiar, antecedentes familiares de embarazo prematuro y baja o insuficiente educación sexual en el adolescente, que si se sustenta. desarrollo óptimo que incide en el futuro de estos adolescentes y sus futuras generaciones.

Palabras clave: Embarazo en Adolescencia; Salud del Adolescente, Factores de Riesgo, Complicaciones del embarazo, Determinantes Sociales de la Salud.

SUMMARY

Background: Adolescent pregnancy is a biological, psychological and social problem that affects families and society. Also the risks and negative physical health consequences of pregnancy are well known, but they do not operate in isolation, but are linked to psychosocial, economic, political, structural and gender factors. This situation cannot be considered a biological problem, because it is also a social problem with many negative edges and areas of influence.

Objectives: To investigate the causes and consequences of teenage pregnancy today.

Materials and Methods: A literature search was conducted for the terms "teenage pregnancy" associated with "social problems", "Causes", AND "Consequences". The present research corresponds to a literature review, which addressed the causes and consequences of teenage pregnancy reported in the literature over the last 10 years. The search for scientific information was carried out using different numerical databases such as: Scielo, Pubmed, Scopus, Redalyc, institutional web pages associated with the field of health. Boolean operators were used in the search strategies: "pregnancy AND adolescents". Using the terms "causes of pregnancy" to "consequences of teenage pregnancy".

Results: It was found that low schooling, belonging to a dysfunctional family, living in rural or marginal areas and risk perception problems are conditioning factors for teenage pregnancy.

Conclusion: The importance of the family in the comprehensive health care of adolescents lies in the timely identification of risks such as family disharmony, family disintegration, family history of early pregnancy and low or insufficient sexual education in adolescents, which, if sustained, will have an impact on the future of these adolescents and their future generations.

Key words: Adolescent Pregnancy; Adolescent Health, Risk Factors, Pregnancy Complications, Social Determinants of Health.

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