

# **Patrones hemodinámicos valorados por Doppler transcraneal en pacientes neurocríticos relacionados a mortalidad temprana en una unidad de cuidados intensivos de la ciudad de Barranquilla, (Colombia) año 2023 - 2024**

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Trabajo de Investigación presentado como requisito para optar el título de:  
**Especialista en Medicina Crítica y Cuidados Intensivos**

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## RESUMEN

**Introducción:** La monitorización por imágenes es una práctica utilizada en pacientes neurocríticos. La ultrasonografía Doppler transcraneal permite obtener información de la circulación cerebral para la toma de decisiones clínicas oportunas.

**Objetivos:** Analizar los patrones hemodinámicos valorados por ultrasonografía Doppler transcraneal y mortalidad temprana en pacientes neurocríticos, Barranquilla (Colombia) en el año 2023 - 2024.

**Materiales y métodos:** Análisis descriptivo, prospectivo de pacientes neurocríticos entre 16 y 80 años ingresaron a la unidad de cuidados intensivos de la Clínica General del Norte del año 2023 al 2024. Se analizaron los patrones hemodinámicos del Doppler transcraneal y su asociación con los desenlaces clínicos a los 30 días (supervivencia vs. mortalidad) a través de modelo de regresión logística binaria calculando valor de probabilidades.

**Resultados:** En el presente estudio se incluyeron 116 sujetos, con una edad media de aproximadamente 59 años ( $\pm 18$  años). La mortalidad global fue del 19.8% (n=23). En los patrones evaluados del Doppler transcraneal el hallazgo de hipertensión endocraneana mostraron la mayor proporción de desenlaces fatales (46,7%), y un patrón de flujo normal se relacionó con un marcador de supervivencia. Condiciones clínicas (trastornos hipertensivos del embarazo, trauma craneoencefálico y entre otros) no se relacionaron con los patrones de Doppler transcraneal.

**Conclusiones:** En el presente estudio se evidenció que los patrones hemodinámicos cerebrales identificados mediante Doppler transcraneal al ingreso se relacionan de manera relevante con la evolución clínica de los pacientes neurocríticos. En particular, los patrones de alteración del flujo cerebral mostraron asociación con una mayor mortalidad temprana, destacando el potencial valor pronóstico de esta herramienta no invasiva en pacientes con injuria cerebral.

**Palabras clave:** Injuria cerebral; Críticamente enfermos; Doppler transcraneal; Muerte; Supervivencia.

## ABSTRACT

**Introduction:** Imaging monitoring is a practice used in neurocritical patients. Transcranial Doppler ultrasound provides information on cerebral circulation for timely clinical decision-making.

**Objectives:** To analyze the hemodynamic patterns assessed by transcranial Doppler ultrasound and early mortality in neurocritical patients, Barranquilla (Colombia) in 2023-2024.

**Materials and methods:** Descriptive, prospective analysis of neurocritical patients between 16 and 80 years old admitted to the intensive care unit of the Clínica General del Norte from 2023 to 2024. The hemodynamic patterns of transcranial Doppler and their association with clinical outcomes at 30 days (survival vs. mortality) were analyzed through a binary logistic regression model calculating probability values.

**Results:** The present study included 116 subjects, with a mean age of approximately 59 years ( $\pm 18$  years). Overall mortality was 19.8% (n=23). Among the transcranial Doppler patterns evaluated, the finding of intracranial hypertension showed the highest proportion of fatal outcomes (46.7%), and a normal flow pattern was associated with a survival marker. Clinical conditions (hypertensive disorders of pregnancy, head trauma, among others) were not associated with transcranial Doppler patterns.

**Conclusions:** The present study shows that cerebral hemodynamic patterns identified by transcranial Doppler on admission are significantly associated with the clinical outcome of neurocritical patients. In particular, patterns of cerebral flow disturbances are associated with higher early mortality, highlighting the potential prognostic value of this noninvasive tool in patients with brain injury.

**Keywords:** Brain injury; Critically ill; Transcranial Doppler; Death; Survival.

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